NEW ZEALAND
Resuscitation Council
WHAKAHAUORA AOTEAROA

Resuscitation Training

The New Zealand Resuscitation Council curriculum offers responders skills and knowledge in resuscitation and emergency care. Each course promotes best practice, an emphasises on team work, and is underpinned by the Australia and New Zealand Committee on Resuscitation (ANZCOR) guidelines.

Where do I go to find training?

Everyone is a potential responder. To decide which training course suits you best, firstly identify the resuscitation skills and knowledge that you might need as a responder.

To do this, we suggest you use the Responder Training Framework

You will then need to find a training provider. The NZ Resuscitation Council trains resuscitation instructors, who independently provide our courses. Therefore, we are unable to recommend specific training providers for you.

Your organisation may have designated providers for you. If not, you will be able to find an independent provider with a Google Search.

Equivalency

Many providers list their courses as being “New Zealand Resuscitation equivalent”. The NZ Resuscitation Council does not recognise unapproved CORE or NLS courses. We do not assess alternative courses and cannot guarantee their content or quality.

The NZ Resuscitation Council is committed to ensuring the quality of our CORE training programme. CORE Advanced sets the industry standard for resuscitation training. The curriculum is based on up-to-date research, with consistent content in every course taught

across Aotearoa New Zealand.

The NZ Resuscitation Council, as a member of the International Liaison Committee on Resuscitation (ILCOR), applies the latest global standards directly to our teaching materials. CORE is unique, in that it is formulated by New Zealand's authority on resuscitation, with input and oversight from a comprehensive array of sector stakeholders.

For queries about training, click here

Certificate of Resuscitation and Emergency Care (CORE)

The Certificate of Resuscitation and Emergency Care (CORE) is the NZ Resuscitation Council's qualification in resuscitation for health professionals.

CORE Immediate is best suited for health professionals who may have to respond to a cardiac arrest or medical emergency, while CORE Advanced is aimed at health professionals and advanced responders who may have to manage such events.

To find out more about CORE, click here

Newborn Life Support

The NZ Resuscitation Council trains clinicians to deliver newborn life support course to others in their region or organisation. The NZ Resuscitation Council Newborn Life Support (NLS) course is for New Zealand health professionals who provide newborn life support, including midwives and those working in neonatology.

To find out more about Newborn Life Support, click here

Attendees who pass the NZ Resuscitation Council Newborn Life Support course are issued the Certificate of Resuscitation in Newborn Life Support.

To order, click here

NLS Newsflash is our free email update for anyone with an interest in Newborn Life Support, and instructors in particular. Information for Newborn Life Support instructors can be found here.

Emergency Care Instructors

The NZ Resuscitation Council certifies Emergency Care Instructors (ECI) who deliver private training but who wish to show that resuscitation and first aid taught by them follows NZ Resuscitation Council guidelines.

To find out more about Emergency Care Instructors, click here